

# PET SAFE FRUITS & VEGGIES

## FRUIT TO SHARE

### TREE GROWN

APPLES, BANANAS, PEARS, ORANGES

### BERRIES

BLUEBERRIES, RASPBERRIES, STRAWBERRIES

### MELONS

CANTALOUPE AND WATERMELON

### OTHERS

KIWIS AND PUMPKINS



**OFF LIMITS!**  
GRAPES, RAISINS, FIGS, AVOCADOS

## FIRST TIME?

START WITH SMALL AMOUNTS,  
AND WATCH FOR SIGNS OF ALLERGIC  
REACTIONS OR TUMMY UPSET.

## FINICKY EATER?

TRY MASHING OR PUREEING FRUITS OR VEGGIES,  
AND MIXING IT INTO YOUR PET'S FAVORITE FOOD.

## VEGGIES TO SHARE

### BULBS

BROCCOLI, BRUSSEL SPROUTS, CAULIFLOWER

### GREENS

SPINACH, KALE, GREEN BEANS

### ROOTS

SQUASH, CARROTS, SWEET POTATOES

### OTHERS

EDAMAME AND CUCUMBER

**OFF LIMITS!**  
ONIONS, SCALLIONS, SHALLOTS, GARLIC



## HOW TO PREPARE

1. WASH THOROUGHLY.
2. CUT INTO SMALL PIECES TO PREVENT CHOKING.
3. STEAM, BAKE, PUREE OR OFFER RAW.

For more information:



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